Government of Saskatchewan

Annual Report
March 31, 1991

St. Louis Alcoholism Rehabilitation Centre

ST. LOUIS
ALCOHOLISM
REHABILITATION CENTRE

Post Office Box 220
St. Louis, Saskatchewan
S0J 2C0

ANNUAL REPORT
of the
BOARD OF GOVERNORS
FOR THE YEAR ENDING
MARCH 31, 1991

92-03284/

Minister of Health

SASKATCHEWAN

Legislative Building
Regina, Saskatchewan S4S 0B3

To the Honourable Sylvia Fedoruk
Lieutenant Governor of Saskatchewan

May It Please Your Honour:

It is my pleasure to present herewith the annual report of the Board of Governors, St. Louis Alcoholism Rehabilitation Centre, for the year ended March 31, 1991.

Respectfully submitted,

Louise Simard

St. Louis Alcoholism Rehabilitation Centre
Box 220
St. Louis, Saskatchewan S0J 2C0
Phone (306) 422-8533

To the Honourable Louise Simard
Minister of Health

Dear Ms. Simard:

It is my pleasure to present, on behalf of the St. Louis Board of Governors, the Annual Report and audited financial statements for the fiscal year ended March 31, 1991.

Respectfully submitted,

D. Sippenpuk, Vice Chairman
for,
Angus R. Campbell,
Chairman.

BOARD OF GOVERNORS

Angus R. Campbell, Chairman

Dr. Dmytro Cipywnyk, Vice Chairman

Dr. Penny Davis

Elmer Hicks

Carol Jones

Max Lucier

Dick Till (for Terry Thompson)

Brian Topp

CHAIRMAN'S STATEMENT

During the fiscal year April 1, 1990 to March 31, 1991, it has been our pleasure to carry out the mandate of the Impaired Driver Treatment Program at St. Louis, Saskatchewan. We continue to enjoy the cooperation and trust of the many Government and community agencies we utilize in delivering the program to our clients who come from many different strata of society.

Staff changes and the employment of new techniques have improved the quality of our program delivery. We take advantage of semi-annual sharing sessions held with key personnel from the many agencies involved in the delivery of our Impaired Driver Treatment Program. With the changeover of professional staff in the agencies with which we interface, we find such sessions most helpful in building trust and keeping abreast of new thinking in the field. We continue to get feedback and guidance from the Research Departments of SADAC and Department of Justice.

The Board and staff continue to receive favorable client feedback. This helps us in monitoring our programs, plus the exchange from the community indicates that clients are changing their behavior upon release back into society. This demonstrates the competence of the staff from all agencies - in the main, the Department of Justice, the St. Louis Centre and the Saskatchewan Alcohol and Drug Abuse Commission. We would be remiss if we did not mention the attention and cooperation received from the court systems and police departments, both civic and R.C.M.P.

One writer recently described public responses to Impaired Driving as "Cycles of Concern and Complacency". We must therefore be prepared to keep the seriousness of the problem before the public eye. Our perception about drinking and driving being generally disapproved of is an over simplification. For the most part, drinking, even when combined with driving, is socially tolerated behavior. More importantly, the assumption that the combination necessarily creates a social problem is also questionable. Large numbers of people both drink and drive and do so without having an accident. Our attitudes have not hardened sufficiently toward drinking and driving. It is still not considered anti-social. It is clearly time for society to recognize that high consumption is high risk behavior. Society does not yet appear to

recognize that consumption is a problem until it reaches the very high level characterized by the clinical alcoholic population that needs help.

To help counter these attitudes, our staff members participate as resource persons in the delivery of information related to addiction and driving while impaired. This we carry out by giving talks in schools, institutions and other community groups. At the Centre, we cooperate in sponsoring a practicum program for student diploma nurses and addiction workers from the Kelsey and Woodlands Campuses of SIAST. At the International Congress on Drinking and Driving held in Edmonton in late March, 1990, our Director presented a paper on Saskatchewan's Impaired Driver Treatment Program.

While we continue to hear information that the consumption of beverage alcohol and the number of impaired driving arrests are down, we also continue to witness the carnage on our highways. We must not lower our guard. The beverage industry has for some time been offering free soft drinks to the abstaining or designated driver. Such action should be encouraged and not scoffed at as smattering of the old temperance philosophy. Such advocacy groups as SADD, MADD, PRIDE and others are springing up in society and are having an overall effect. These organizations have become the battleground to vent outrage and sorrow and they refuse to suffer in silence in a society that does not respond to their perceived needs. We must cooperate with these efforts. Society needs our combined efforts.

Our Board is pleased with the effort and dedication put forward by the tri-party personnel that make the Saskatchewan Impaired Driver Treatment Program the model it is.

Angus R. Campbell
Chairman

HISTORY AND BACKGROUND

In 1975, the final report of the Special Committee on Highway Traffic Safety was submitted to the Legislative Assembly. The report dealt with wide-ranging issues of highway traffic safety and, among other things, recommended alternate sentencing options for persons convicted of impaired driving offences. In late 1976, the Saskatchewan Alcohol and Drug Abuse Commission and the Corrections Branch of the Department of Social Services (subsequently transferred to the Department of Justice) proposed an Impaired Driver Treatment Program aimed at repeat offenders. Provision was made in the 1977/78 budget to allow detailed planning to proceed for an in-patient treatment centre to function as an alternative to incarceration of repeat offenders. One of the goals for this treatment centre was to provide early intervention for those people who were alcohol dependent. The Prince Albert Council on Alcoholism and Drug Abuse concurrently advised Government of the availability of the former Notre Dame College in St. Louis as a proposed site for this program.

The St. Louis Board of Governors was appointed by the Minister of Health in early 1979, with a mandate to "operate an alcoholism rehabilitation hospital at St. Louis, Saskatchewan".

Funds were provided to renovate the building to a 30 bed capacity, and positions were allocated to the Department of Justice to provide screening and referral services and to the Saskatchewan Alcohol and Drug Abuse Commission for follow-up services to clients and their families. Staff was hired and trained for the St. Louis Alcoholism Rehabilitation Centre in late 1979 and its first clients were admitted in January of 1980.

PROGRAM OBJECTIVES

1. To provide a residential treatment option to impaired drivers who have been convicted by way of second offence and who have been assessed as being in need of and may benefit from treatment.

2. To provide individualized assessment and treatment planning to all individuals admitted to the program.

3. To provide a supportive environment conducive to immediate short-term recovery.

4. To give the individual an understanding of the nature of the problem of alcohol and other drug misuse.

5. To provide the client with an identification and understanding of alcohol related disabilities and/or alcohol dependency.

6. To help the individual develop new patterns of living free from alcohol related disabilities and/or dependency with the support of family and other available community resources.

7. To arrange, or co-ordinate arrangements, for initial referral to follow-up and aftercare services, including making appropriate use of available community resources such as Alcoholics Anonymous.

8. To reduce the incidence of repeat convictions for those persons admitted to treatment.

LEGISLATIVE AUTHORITY

Under authority of the Public Health Act, the Board of Governors of the St. Louis Alcoholism Rehabilitation Centre was established by Order-in-Council 165/79 of February 1, 1979.

The Centre is designated as a correctional facility by order of the Minister of Justice pursuant to Section 20 of the Corrections Act.

STAFFING

The St. Louis Centre has 14 full-time staff positions, 4 permanent part-time positions and casual staff as required. The Director of the Centre reports to the Chairman of the Board.

FUNDING

The Centre is funded by the Saskatchewan Alcohol and Drug Abuse Commission. Its operating budget for the 1990/91 fiscal year was set at $625,590. Actual net expendiure was $606,075. Cost per client day was $64.

PROGRAM

During the 1990/91 fiscal year, 9,412 days of care were provided to 675 clients, both record highs since the Centre's 1979 opening.

Recent studies indicate that a high percentage of clients at the St. Louis Centre are in the late stages of alcoholism. They display such symptoms as black-outs, loss of control, morning drinking, delirium tremens, financial problems, family breakdown, etc. Most have a combination of these symptoms.

Furthermore, the average blood alcohol level of Centre clients at the time of arrest was .20. This extremely high B.A.L. would indicate a level of tolerance that is found primarily in problem drinkers. The program at the Centre is therefore designed to treat clients who are alcohol dependent, to provide information about driving while impaired and to present alternatives to the drinking/driving syndrome.

Clients are referred to the Centre by referral and placement co-ordinators in the Department of Justice, Corrections Branch. These co-ordinators, located in Prince Albert, Saskatoon and Regina, identify offenders who could potentially benefit from the program. They assess clients relative to previous drinking charges and any history of violence or escape, and they also ensure that the primary cause for incarceration is a charge under Section 253a - Impaired Driving, 253b - Driving Over .08, 254 - Refusing a Breathalizer, 255 - Impaired Penalty or 263 - Disqualified Driving (as a result of impairment) of the Criminal Code.

The program at the Centre is presented over a 14 day period. It is carefully structured to present clients with information about the illness of alcoholism and how their drinking affects driving, family, friends, health and community. Extensive reference is made to the relationship between drinking and driving, with two and one-half days devoted exclusively to the Driving Without Impairment Program (D.W.I.) The entire program is reviewed regularly to maintain currency with new information and techniques.

Upon completion of the in-patient portion of the Impaired Driver Treatment Program, clients are discharged to participate in a follow-up program supervised by staff of the Saskatchewan Alcohol and Drug Abuse Commission.

The St. Louis Centre believes that once clients are brought to recognize they have a problem with alcohol, have been provided with information relevant to the illness and become aware of available support mechanisms, they can be expected to make more appropriate decisions about their lives and activities. They are responsible for their own recovery.

ASSOCIATED ACTIVITIES

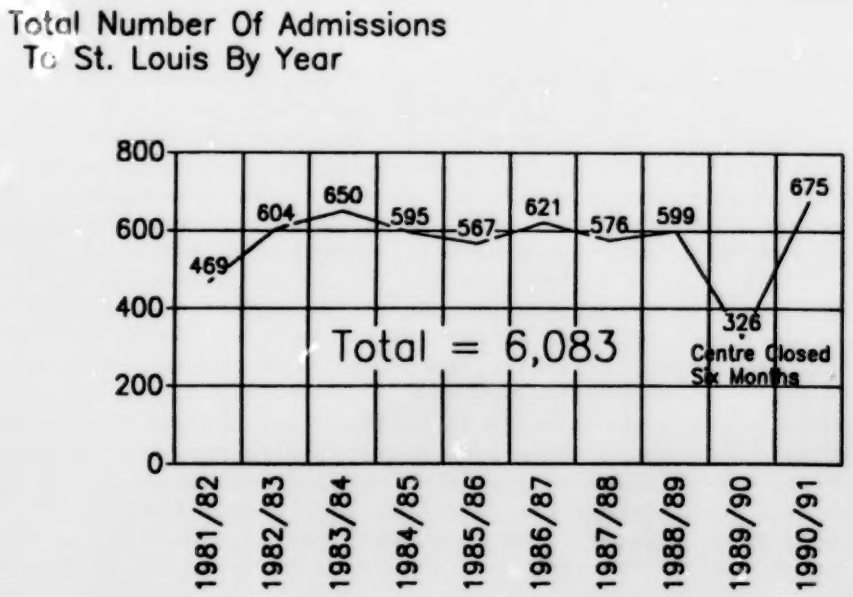
Since its inception, the St. Louis Centre has shared its resources and expertise in the field of addictions with other agencies both within and outside Saskatchean. Staff have actively participaated in education sessions held by schools, hospitals, parent groups, service clubs and other interested parties on the subject of alcohol and drug usage. The Centre benefits from the reciprocity involved in such co-operative efforts.

The Centre also provides annually an opportunity for several Chemical Dependency and 65 Diploma Nursing students to participate in the two week program and thereby enhance, in a practical context, their knowledge of dependency. This broadening of the Centre's mandate has paid dividends in bringing awareness to the health-care community.

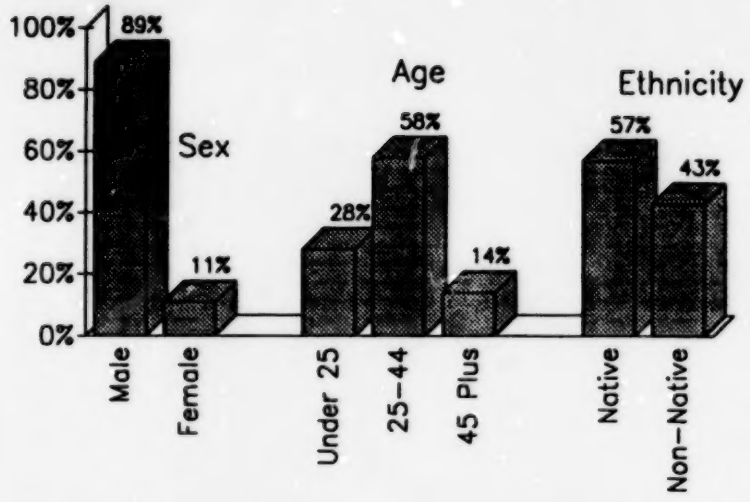
STAFF TRAINING

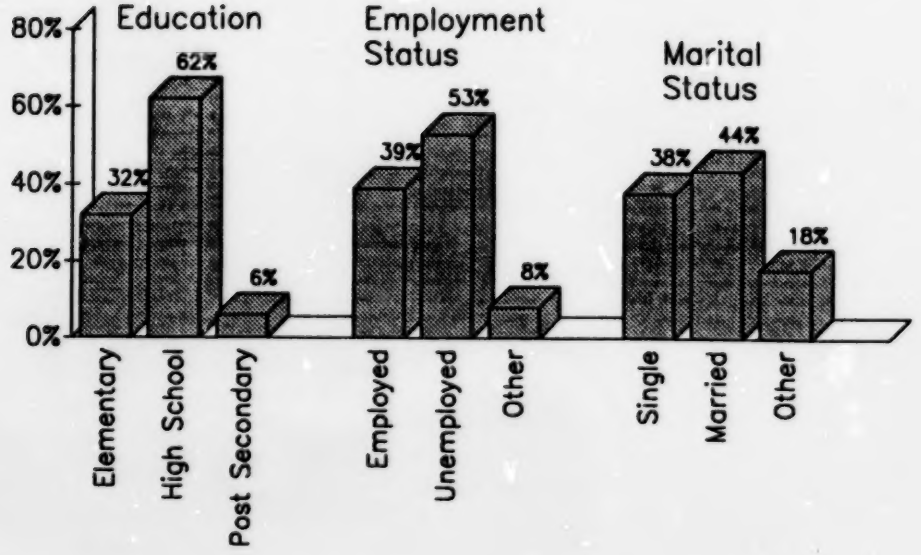
The St. Louis Alcoholism Rehabilitation Centre believes strongly in the importance of staff training and seeks within its budget to provide opportunities for skill and qualification upgrading. Staff members take advantage of offerings made through SADAC short courses and professional seminars that become available from time to time. All counselling staff and several support staff are qualified in chemical dependency and many testimonials attest to the success of their efforts.

STATISTICS (St. Louis Clients)



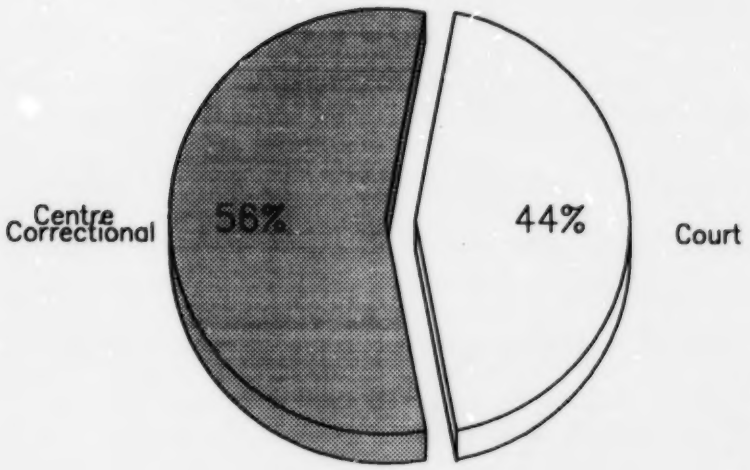
Client Profile



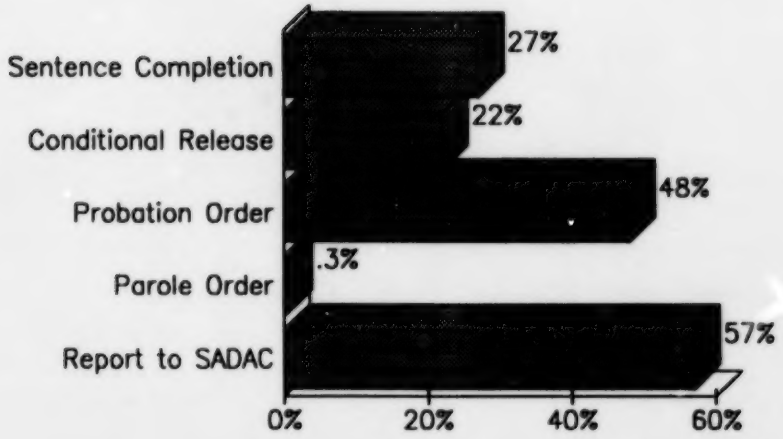


Client Profile

Referral Type



Conditions Of Release*



*Totals greater than 100% because of multiple conditions

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

FINANCIAL STATEMENTS

Year Ended March 31, 1991

OFFICE OF THE PROVINCIAL AUDITOR

REGINA, SASKATCHEWAN

AUDITOR'S REPORT

To the Members of the Legislative Assembly
of Saskatchewan

I have audited the balance sheet of the St. Louis Alcoholism Rehabilitation Centre as at March 31, 1991 and the statements of revenue, expenditure and unexpended grant balance, unappropriated equity and equity in fixed assets for the year then ended. These financial statements are the responsibility of the Centre's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with generally accepted auditing standards. Those standards require that I plan and perform an audit to obtain reasonable assurance whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation.

In my opinion, these financial statements present fairly, in all material respects, the financial position of the St. Louis Alcoholism Rehabilitation Centre as at March 31, 1991 and the results of its operations and the changes in its financial position for the year then ended in accordance with the accounting policies disclosed in Note 2 to the financial statements.

W.K. Strelioff

Regina, Saskatchewan
May 24, 1991

W. K. Strelioff, C.A.
Provincial Auditor

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

BALANCE SHEET

As at March 31

	1991	1990
ASSETS		
Cash	$ 70,494	$ 51,225
Accounts receivable	645	---
Prepaid expenses	4,686	3,451
Inventory, at cost	2,275	4,261
Fixed assets, at cost(Note 7)	126,513	125,034
	$204,613	$183,971
LIABILITIES AND EQUITY		
Liabilities:		
Accounts payable	$ 2,243	$ 2,595
Unexpended grant balance - Saskatchewan Alcohol and Drug Abuse Commission (Statement 2)	41,767	31,342
Total Liabilities	44,010	33,937
Equity:		
Unappropriated Equity - (Statement 3)	---	25,000
Equity in Fixed Assets - (Statement 3)	126,513	125,034
Appropriated Equity - (Note 6)	34,090	---
	$204,613	$183,971

(See accompanying notes)

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

STATEMENT OF REVENUE, EXPENDITURE AND UNEXPENDED GRANT BALANCE

Year Ended March 31

	1991	1990
Revenue:		
Grant - Saskatchewan Alcohol and Drug Abuse Commission	$625,590	$423,390
Interest	10,485	9,257
Miscellaneous	7,074	4,686
	643,149	437,333
Expenditure:		
Salaries and employee benefits	439,404	264,204
Food	53,316	30,278
Utilities	34,793	29,721
Rent (Note 3)	27,783	27,452
Building maintenance	15,352	8,307
Professional services	9,075	4,893
Board honoraria and expenses	8,314	14,349
Furniture and equipment purchases and rental	5,827	4,460
Vehicle expenses	5,714	4,551
Contractual services	5,465	4,870
Printing, postage and office supplies	4,883	3,261
Insurance	4,526	4,913
Staff training and travel	2,403	4,619
Miscellaneous	6,779	15,113
	623,634	420,991
Excess of revenue over expenditure	19,515	16,342
Add:		
Unexpended grant balance, beginning of year	31,342	16,717
Transfer from unappropriated equity - Statement 3 (Note 5)	10,290	15,620
Less:		
Payment to Saskatchewan Alcohol and Drug Abuse Commission	---	16,717
Surplus retained - Statement 3 (Note 5)	19,380	620
Unexpended grant balance, end of year - Statement 1	$ 41,767	$ 31,342

(See accompanying notes)

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

STATEMENT OF UNAPPROPRIATED EQUITY AND EQUITY IN FIXED ASSETS

Year Ended March 31

	1991	1990
Equity in fixed assets:		
Balance, beginning of year	$125,034	$114,683
Add: Purchases	4,112	11,617
Less: Disposals	2,633	1,266
Balance, end of year - Statement 1	126,513	125,034
Unappropriated Equity:		
Accumulated surplus balance, beginning of year	25,000	40,000
Add: Surplus retained (Statement 2) (Note 5)	19,380	620
Less: Transfer to unexpended grant balance (Statement 2) (Note 5)	10,290	15,620
Appropriation to reserve for Furniture/ Equipment (Note 5 and 6)	29,000	---
Appropriation to reserve for Building Maintenance (Note 5 and 6)	5,090	---
Balance, end of year - Statement 1	---	25,000

(See accompanying notes)

ST. LOUIS ALCOHOLISM REHABILITATION CENTRE

NOTES TO THE FINANCIAL STATEMENTS

March 31, 1991

1. Authority

Pursuant to Section 85 of The Public Health Act, a board of governors was established on February 1, 1979 to operate an alcoholism rehabilitation hospital to be known as the St. Louis Alcoholism Rehabilitation Centre. The Centre commenced operations on October 1, 1979.

2. Significant Accounting Policies

a) Unexpended (Overexpended) Grant Balance

Under an agreement entered into between the Board of Governors of the Centre and the Saskatchewan Alcohol and Drug Abuse Commission, the Commission has agreed to supply the Board with the funds necessary to operate the Centre, based on budgets prepared by the Board and approved by the Commission.

The agreement provides that where the total grant paid in a fiscal year exceeds total allowable expenditures less other income of the Centre for the year, the excess, upon its determination by the Commission, may be considered a debt due and payable by the Board to the Commission and may be offset against any future sums payable by the Commission to the Board or otherwise recovered. The Commission has established a policy allowing the Centre to retain and use a portion of its operating surpluses for special purposes, as described in Note 5. The financial statements reflect the substance of these arrangements by recognizing the amount received in the year as grant revenue from the Commission for that year and by treating the difference between revenue and expenditure in any fiscal year as an adjustment of the under or overexpended balance of grant funds at the end of the previous fiscal year, after accounting for the amount permitted to be retained.

b) Fixed Assets

Fixed asset purchases are charged as an expense against operations in the year of purchase. To maintain accountability for fixed assets, the Centre also records the purchase of fixed assets, other than fixtures, as assets with a corresponding entry to "Equity in Fixed Assets". No allowance for depreciation is recorded by the Centre. On disposal, fixed assets are removed from the accounts at their carrying value and proceeds recorded as miscellaneous revenue.

3. Lease Commitments

The Board has leased the St. Louis Alcoholism Rehabilitation Centre land and buildings until June 30, 1993. Payments due in future fiscal years are as follows:

1991/92 - $28,825
1992/93 - 29,172
1993/94 - 7,293

4. Other Activities

A canteen is operated at the Centre to provide miscellaneous items to the staff and clients. Canteen operations are handled by the staff of the Centre and are not considered to form part of the Centre's operations. Profits and any client donations received are used to purchase recreation equipment for the use of clients as decided by the staff.

The Centre also holds funds in safekeeping for clients during their stay at the Centre. These funds are kept at the Centre and do not earn any interest.

The above activities are not reflected in these financial statements.

5. Surplus Retention

The Saskatchewan Alcohol and Drug Abuse Commission (SADAC) has established a policy which permits the Centre to retain operating surpluses to a maximum of $10,000 or 5% of the approved annual budget, whichever is the lesser, and to utilize such surpluses for certain designated purposes subject to the approval of SADAC.

Effective March 25, 1988, SADAC's surplus retention policy was that the maximum accumulated surplus cannot exceed the lesser of $25,000 or 20% of the annual budget for the previous year. However, SADAC allowed the Centre to retain its accumulated surplus of $40,000 at March 31, 1988 pending SADAC's review of the Centre's audited financial statements and submission of expenditure proposals by the Centre's Board.

Approval to retain $10,000 in respect of the 1990/91 fiscal year has been requested of the Commission by the Centre and is expected to be granted. Furthermore, in the current year, an additional $9,380 was requested and approved to be retained relating to 1989/90. This total of $19,380 is reflected in Statements 2 and 3 as surplus retained and appropriated to reserves.

During the 1990/91 fiscal year, expenditures totalling $10,290 (1990 - $15,620) were approved as charges against the Centre's retained surplus account. The 1990/91 expenditures were comprised of:

Display panel	$ 183
Tractor	3,500
Boiler maintenance	6,313
Furniture/equipment	294
	$10,290

These expenditures were charged to operating expense accounts. In order to reflect the reduction in surplus, however, an equivalent amount was transferred from accumulated surplus to unexpended grant balance (Statements 2 and 3).

Effective for the 1990/91 fiscal year, the Commission's surplus retention policy was amended. The revised policy requires accumulated surpluses at year end be appropriated to Reserves within limits set by SADAC. Appropriations to reflect this requirement are set out in Statement 3.

6. Appropriations to Reserves

In the current year the reserves were established as outlined below:

	Reserve for Furniture/ Equipment	Reserve for Building Maintenance	Total Reserves
Balance, beginning of year	$ ---	$ ---	$ ---
Appropriation from Unappropriated Equity (Statement 3)	29,000	5,090	34,090
Balance, end of year - to Statement 1	$ 29,000	$ 5,090	$ 34,090

7. Fixed Assets

	1991	1990
Leasehold improvements at cost	$ 42,793	$ 42,793
Furniture and equipment at cost	83,720	82,241
	$126,513	$125,034

8. Comparative Information

Certain 1990/91 balances have been reclassified to conform with the current year's presentation.

The 1989/90 comparatives reflect that the bargaining unit employees of the Centre conducted a six month strike during the term.